



# Chief Payepot School

## APRIL 2020 Newsletter

### OUR MESSAGE TO YOU

Hello students! Over the last four weeks we have been busy trying our best to connect with all of you. We love that we can see your faces from the pictures and videos that you are submitting through our Virtual Spirit Weeks we have been having. We know this time can be very difficult as our schedules are so different to those that we have when we are all together. Please do not feel worried. This time is so that we can all be back together as our healthiest selves. Remember to think positively, enjoy your time with your families and keep yourself busy with prayer, crafts, walks, and knowing that we will get through this.

As you all know, we are working very hard to ensure that we can still offer a lunch program while we are away. Pickups for those are usually on Thursdays. If that date changes, we will let you know through our Facebook page and texts.

Remember to be kind to everyone, please wash your hands and remain in a social distancing lifestyle. We all are excited for school to re-open and see each other again. The only way to make that happen faster is to follow the protocol of what has been suggested.

Please continue to submit your pictures and videos so that we can share them for everyone to see.

Be safe and know that you are loved.

-Payepot School Administration

### SELF CARE

We know this time is difficult to deal with. It is so important that we all remember to take care of ourselves. We need to be ok mentally to be able to give ourselves to our children the best we can. Here are some activities you can do with your child or have them do to help with boredom. Remember, this is only temporary, and we will get through this!

1. Have a dance party
2. Play a game
3. Unplug and read a book
4. Exercise
5. Go for a bike ride
6. Go for a walk or a hike
7. Cuddle up and watch a movie
8. Paint your nails
9. Draw, paint, or craft
10. Journal
11. Bake or cook a meal
12. Just play!
13. Watch music videos on YouTube
14. Tell jokes
15. Meditate
16. Do yoga
17. Blow bubbles
18. Go on a picnic in your yard
19. Call or FaceTime with family or friends
20. Watch funny videos on YouTube
21. Listen to music
22. Take a nap
23. Learn something new
24. Make an inspiration collage
25. Go berry picking
26. Scrapbook
27. Take silly pictures together
28. Do a puzzle
29. Brush and/or braid each other's hair
30. Build a fort and play a game or read inside it

## WE MISS OUR STUDENTS

Hello to Mrs. Dana Benjoe's Kinderbabies!

I am missing and thinking of you all. I hope you are enjoying this time with your families keeping safe. I can't wait to see your smiling faces and give each of you a big hug! I see some of you are participating with spirit week activities online and it's great to see! Great job! To all my Kinders please remember to keep safe, play safe, don't stop learning and remember to show your families which song to sing while we wash our hands! 😊 (The alphabet song) See you soon!

-Miss Dana

Hello grade 2!

How have you all been? I hope everyone is doing amazing, I miss you monkeys! I hope everyone is staying busy and out of trouble. As for myself, I am going a little stir crazy without school! But I am trying my best to stay busy, I have given myself a screen time limit which helps me get a lot done around the house. To give myself a challenge I have decided to teach myself how to draw! I've made some pretty cool animals so far and I can't wait to show you all what I've learned! Matai, I think we might have to have a dinosaur drawing contest when we get back to school. I also look forward to our virtual Spirit Weeks! Icecess and Jax, your recipes looked delicious! Taevin, I loved your workout video! A.J and Cree your Covid-19 posters were amazing! Serenity and Bonbon, I loved seeing you ladies getting some fresh air! Serenity that obstacle course was so cool! I hope to see the rest of you soon! I love you all and hope that you are safe, healthy and happy.

-Miss. Denni

My Dear Students Tansi,

How are you? I hope and pray that you are keeping yourself healthy and happy. I think of all of you and I wish that we could be together. I miss our morning circles-I miss smudging with you, sharing our feelings and meditating.

I want to remind you of the Medicine Wheel book that we were doing in Health. We were learning how to keep ourselves healthy in our mind, body, feelings and spirit. I hope that you are doing some of these things because it is important, especially at this time.

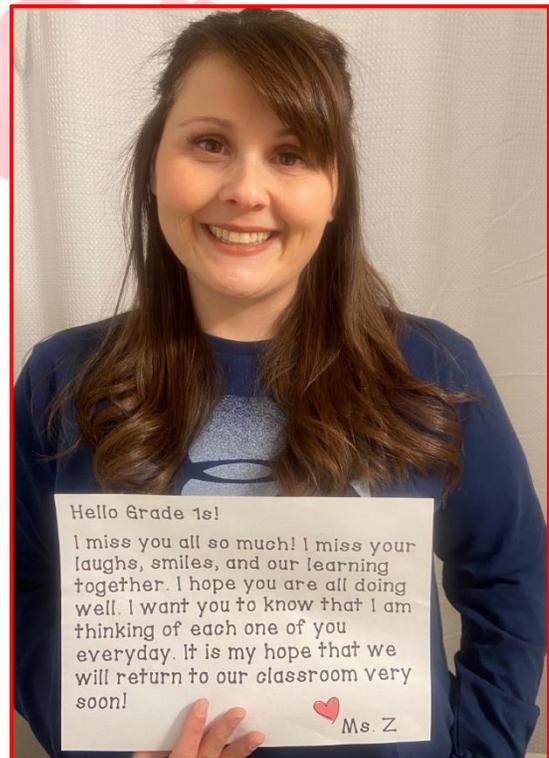
Keep on trying, be kind to yourself and others. Listen to your parents and guardians. Remember that you are always loved!

Also, wash your hands a lot!

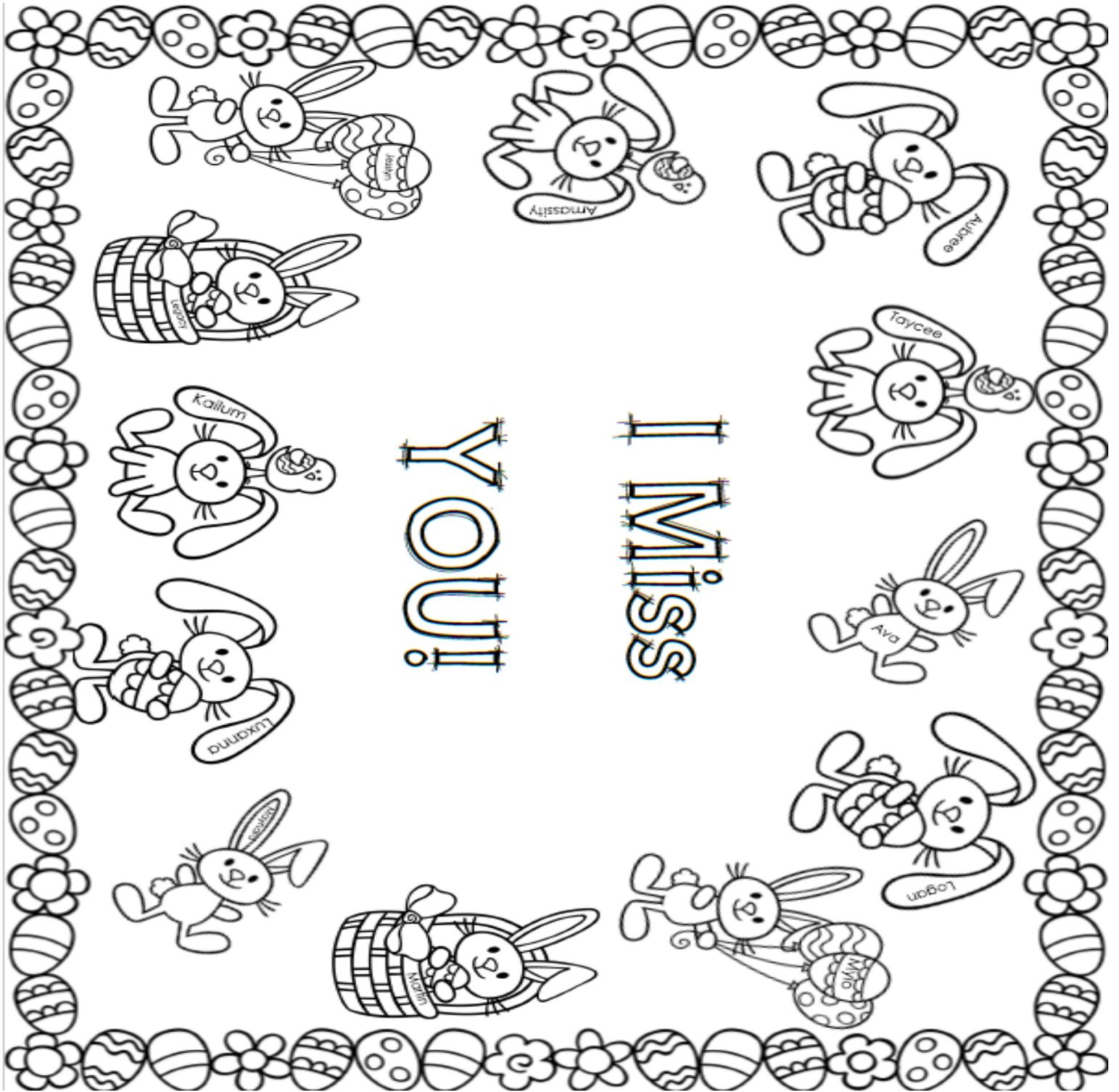
Love your teacher,

Miss Sandy

Have a Happy Easter!



Hello my grade K/1 students!  
I miss you very much. Enjoy a colouring page!  
-Miss Tanya



Tansi Chief Payepot School Students, Staff and Community members,

I would like to let everyone know that I miss you all and I hope you are all doing great during these times. I look forward every day to seeing all the students participate in the virtual spirit weeks that are taking place. It would be amazing to see how my students, or any students are doing by encouraging them to draw me pictures, or write me stories about their daily experiences of staying home during this time, or what they are doing to keep busy. This would be amazing to put together as a hard copy once these hard times are over. Please stay safe everyone, practice social distancing, and wash your hands often.

-Miss Alicia

Hello grade 4/5!

I hope everyone is doing well and keeping safe. Please know I am always thinking of you and missing you. I hope you are trying to do your schoolwork and reading a little bit every day. Remember how proud of you I am, and I hope we will be back to school before the year is over. Please keep practicing social distancing of 2 meters and wash your hands with warm soapy water. Always be kind and help out around the house. I miss you all!!!

-Miss. Marlis

Hello grade 5/6,

I just wanted to say how much I miss you guys and the laughter that always came from our classroom. I hope you guys are doing good and staying safe. Helping at home and spending time with your family. I pray this is all over soon. If parents have any questions please text me at 13063316027 or email me at tabithagoodwill@gmail.com again stay safe and practice good hygiene. Miss you all ♡

-Miss Tabitha

Hello my ILC students!

I miss you all everyday. I wish you well while we are not in school. Please remember to stay active and stay home until this is all over. I cannot wait to see everyone back in school again!

-Miss Darlene

Grade 6/7 students,

I hope all is well with you. I miss our morning meetings, and our daily laughs. I am excited for when I get to see you all again and to hear all your stories.

Remember the importance of positive thinking and stay active.

Your teacher,  
Jaylyn

Grade 8's,

Hope you are all doing well during this time. We have had an excellent year together so far and I am proud of all of you for everything you have accomplished. I hope that you are using this time at home to spend time with your families, take care of yourselves, and continue to learn! Wishing you all nothing but the best. I cannot wait to reconnect with you soon. Miss you!

Much love,  
Ms. Meagan xo.



Highschool Ice Fishing Trip-March 4, 2020

To My Kids (Students) and families:

Ever since I have been home, the thing I miss the most is getting to see your faces every morning, whether they be happy or grumpy ones. I enjoy hearing your laughs and giggles in the hallways and in the classrooms, seeing you grow as students in your education and as individuals. As well, being able to help you when you ask for an extra granola bar and yogurt during the day because you want an extra snack. Being able to watch you play sports that you enjoy and seeing you develop as athletes. I miss your artwork catching my eye as it's presented in the hallways. I miss hearing our traditional songs and prayers that are presented every day, the aroma of sage in the air. Remember I am here if you need me for your assignments and work or just an ear to listen. Email me [bjteacher@sasktel.net](mailto:bjteacher@sasktel.net) or call me 306-631-3631 or Facebook.

-Brenda Jones

Greetings to all my students at Payepot School!

It was an abrupt and unexpected break from our school year. It feels like our lives are on pause. I miss you all and I hope we can all get back to school soon. If you have work to send me, do so at [payepotlee@gmail.com](mailto:payepotlee@gmail.com). Stay healthy and stay safe!

My love to all of you!

Your teacher:

-Lee Kayseas-Paslawski

*Sometimes you will never know the value of moment, until it becomes a memory*

*-Dr. Seuss*

Tansi to all my students!

These past few weeks have been very hard for us to not be together. I miss you all so greatly! Although this is a very strange time, please try to use this as a time to reflect on your goals and look back on your progress. I miss our cooking, crafts and laughter, and cannot wait until we are back in class, filling our lives with learning and fun.

Please be safe and know that you are very amazing students and we will get through this!

-Vanessa Oakes

## SOME USEFUL LINKS

<https://homeschoolhideout.com/homeschool-with-netflix/>

<https://growingbookbybook.com/>

Please also use Netflix for some educational shows for the little ones!

**kiyām-**

(key yam)

A common term in the Cree language used often when you're truly at peace with yourself and with your surroundings. And nothing anyone does or says can or will affect or no negativity or malice will touch you.

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