

(Updated: November 3, 2020)

Urban Community Members

What options do I have available if I am unable to self-isolate within my community?

In situations where you are required to self-isolate but are unable to do so within your community, please contact the Non-Insured Health Benefits (NIHB) Call Centre at 1-866-885-3933. The staff will coordinate with Emergency Social Services to ensure you have the support you need, such as accommodations and food.

Hotel accommodations – There are many Assisted Self-Isolation Sites (ASIS) in Saskatchewan currently: La Ronge, North Battleford, Prince Albert, Saskatoon, Regina, Yorkton and Moose Jaw (with other sites under consideration as well). The hotel names are not provided to respect privacy and confidentiality of both the providers as well as those accessing the sites Intake Criteria – There are certain eligibility criteria used to assess suitability for admission into one of the ASIS sites. ASIS sites apply to those citizens of Saskatchewan who:

- Are confirmed COVID-19 positive or test results pending;
- Require self-isolation consistent with the current Public Health Order;
- Cannot safely isolate at home or do not have a home to isolate in;
- Do not have the financial and social means to self-isolate; and most importantly,
- Have been assessed by health care professionals and are deemed medically stable to stay in the ASIS

If you are confirmed or suspected of being COVID-19 positive and are required to self-isolate in one of the Emergency Social Services ASIS sites, food will be delivered to your hotel room (3 meals/day plus snacks). You will also have access to twice-daily wellness checks, various social supports, and enhanced cleaning and disinfection protocols.

A phone will be available in your hotel room should you need to call HealthLine at 811.